



Resources outside of the church

Safe Medication Disposal available at these sites: (for medication that has expired, or you no longer need or use)

City of Dublin Justice Center Lobby
6565 Commerce Parkway
Dublin, OH 43017
Phone: 6148891112

Shawnee Hills Police Department
40 W. Reindeer Drive
Shawnee Hills, Ohio 43065
Phone: 614-889-8258

Worthington Division of Police
6555 Worthington Galena Rd
Worthington, Ohio 43085
Phone: (614)885-4463

Plain City PD for Union County Sheriff's Office
231 Friend Street
Plain City, OH 43064
Phone: 614-873-2921
Plain City PD; 937-645-4100

Westerville Division of Police
29 South State Street
Westerville, OH 43081
Phone: 614-901-6860

More information can be found at
<http://rxdrugdropbox.org/>

Health Related Resources:

Please feel free to copy and paste into your browser.

General Health & Healthy Lifestyle

Mayo Clinic <http://www.mayoclinic.org/>

WebMD <http://www.webmd.com/>

Cleveland Clinic <http://my.clevelandclinic.org/health>

Nationwide Children's Hospital <https://www.nationwidechildrens.org/>

Centers for Disease Control and Prevention <https://www.cdc.gov/>

Healthline <https://www.healthline.com/>

U.S. Department of Health and Human Services / National Institutes of Health
<https://www.nichd.nih.gov/health/Pages/index.aspx>

Take charge of your healthcare <http://healthfinder.gov/HealthTopics/Category/doctor-visits/talking-with-the-doctor/take-charge-of-your-health-care>

AARP - <http://www.aarp.org/>

Caregiver support

Well Spouse – caregiver support <http://wellspouse.org/>

AARP - <http://www.aarp.org/>

COAAA – Central Ohio Area Agency on Aging <http://www.coaaa.org/cms/services/caregiver>

Mental health

NetCare – Emergency Mental Health **614-276-2273** or <http://www.netcareaccess.org/>

Nationwide Children’s Hospital <https://www.nationwidechildrens.org/>

Brain health – AARP <http://www.aarp.org/health/brain-health/>

LSS CHOICES for Victims of Domestic Violence <http://www.lssnetworkofhope.org/choices/>

National Alliance on Mental Illness (NAMI) <http://www.nami.org>

Mental Health and Faith <https://www.psychiatry.org/psychiatrists/cultural-competency/faith-community-partnership>

Mental Health.gov <https://www.mentalhealth.gov/>

Substance Abuse and Mental Health Services Administration (SAMHSA) <http://www.samhsa.gov/>

Lutheran Suicide Prevention <http://www.lutherausucideprevention.org/>

Addiction

Substance Abuse and Mental Health Services Administration (SAMHSA) <http://www.samhsa.gov/>

Alcoholics Anonymous <https://www.aa.org/>

Al-Anon - members are people, just like you, who are worried about someone with a drinking problem. <https://al-anon.org/>

Celebrate Recovery - Celebrate Recovery is a Christ-centered, 12 step recovery program for anyone struggling with hurt, pain or addiction of any kind. It is a safe place to find community and freedom from the issues that are controlling our life. <https://www.celebraterecovery.com/>

Grief

Hello Grief – blog for support and sharing <http://www.hellogrief.org/>

GriefShare - a friendly, caring group of people who will walk alongside you through one of life’s most difficult experiences. You don’t have to go through the grieving process alone. <https://www.griefshare.org/>

Wishes for End-of-Life

Living Wills and Power of Attorney for Healthcare in Ohio – information <https://www.ohiobar.org/ForPublic/Resources/LawFactsPamphlets/Pages/lawfacts pamphlet-13.aspx>

Five Wishes <https://agingwithdignity.org/docs/default-source/default-document-library/product-samples/fwsample.pdf?sfvrsn=2>

Conversation Project –dedicated to helping people talk about their wishes for end-of-life care. <https://theconversationproject.org/>

Contact Barb Baker at: Barb.Baker.POPnurse@gmail.com or church phone: 614-766-6377 ext. 20.